



**37th Wooden Hull  
Regatta  
June 23, 2012**

## TABLE OF ORGANIZATION

<b>Commodore</b>	James Gould
<b>Vice Commodore</b>	Paul Artof
<b>Rear Commodore</b>	Ilona Fellows
<b>Jr. Staff Commodore</b>	Gary Deitsch
<b>Judge Advocate</b>	Robert Somers
<b>Treasurer</b>	Michele Silverstein
<b>Secretary</b>	Peter Glick
<b>Fleet Surgeon</b>	Peter Hirsch, M.D.
<b>Fleet Captain</b>	Keith Lambert
<b>Port Captain</b>	James Garvey
<b>Asst. Port Captain</b>	David Boutwell
<b>BOARD OF DIRECTORS</b>	
Dede Allen	Norman Magidow
Sherry Barone	Gail McLatcher
Stanley Edmond	Gary Mohilner
Martin Fliegel	Laurie Romanak
Peter Glick	Russ Runnalls
Peter Hirsch	Michael Schneider
Dan Howard	Michele Silverstein
Victor Jedlicka	Debbie Wasserman
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<b>Admissions</b>	Gail Shultz-McLatcher
<b>Admissions Liaison &amp; Greeter</b>	Allan Bertik
<b>Auxiliary Liaison</b>	P/P Nancy Dubois
<b>Community Outreach</b>	Susan Artof
<b>Curator</b>	Susan Artof
<b>Finance</b>	Michael Schneider
<b>Innovation</b>	James Foyer
<b>Marketing</b>	Albert Algaze
<b>Membership</b>	Lionel and Arlene Garbus
<b>Committee/New Member Liaison</b>	Howard Katzman
<b>New Member Mentor</b>	Melanie Jedlicka
<b>New Member Orientation</b>	Joan Godfrey
<b>Photography</b>	Joan Godfrey, Lucille Hirschman
<b>Protocol/Historian</b>	S/C David Feinstein
<b>Rules</b>	Vicki Magasinn
<b>Signal Publication</b>	Mickey Scheinbaum, Carole Bolotin Allison Fine, Martin Fliegel, Shariene Lordon
<b>Jr. Staff Commodore</b>	
<b>Long Range Planning</b>	
<b>Commodore Delegates</b>	S/C Peter Patman, S/C Bob Heintz
<b>V/C Delegates</b>	Richard Somers, Barry Chass
<b>R/C Delegates</b>	S/C Pauline Dror, S/C William Graves
<b>Vice Commodore</b>	
<b>Anglers</b>	Victor Jedlicka
<b>Cat Harbor</b>	Dale Schwartz
<b>Challenge Racing</b>	David Ross
<b>Cruises</b>	S/C Bob Heintz, Russ Runnalls
<b>DRYC Fleet/Dry C</b>	Tucker Strasser
<b>Jr. Activities/Sailing</b>	Virginia Howard
<b>Predicted Log Racing</b>	Mickey Scheinbaum
<b>Race Committee</b>	Sterling Tallman
<b>Sail Committee</b>	Tucker Strasser
<b>SeaVenturers</b>	Robert Godfrey, Sheldon Ferdman
<b>U.S. Coast Guard Aux.</b>	Sterling Tallman
<b>Rear Commodore</b>	
<b>Awards and Trophies</b>	Susan Artof
<b>Communications</b>	Thomas Redler
<b>Computers</b>	S/C William Graves
<b>Dock Captains</b>	David Boutwell
<b>Education</b>	Jerry Brown
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<b>House and Grounds</b>	Mickey Scheinbaum
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<b>Security</b>	Earnie Barker, Steve Pokras
<b>Staff</b>	
<b>Office Manager</b>	Lynne Silverstein
<b>Accounting Manager</b>	Annie Jamir
<b>Maintenance Manager</b>	Pedro Quezada



**COMMODORE  
JAMES GOULD**

After 34 months, and as many articles, coming up with new ideas becomes more and more difficult. As I sat musing about what to write about this month, **Marcia** happened to stop by after her Pilates class, and I started to grouse about my writer's block. Being the lovely and intelligent wife that she is, she says, "Why not write about what Del Rey Yacht Club offers to the community?" As I started to contemplate this topic, I realized we offer quite a lot.

Our Anglers committee, chaired by **Dir. Vic Jedlicka**, has, over the years, provided several thousands of dollars in educational equipment to the Little Red School House at the Isthmus.

Our Community Outreach committee, chaired by **Sue Artof**, and ably assisted by **Irv Weinhaus**, sponsors fishing trips for inner city youth, blind children and other at-risk kids. Approximately 1,000 children per year benefit from this program. Between 20 and 30 of our members assist as mentors on these fishing trips. This committee has also provided harbor cruises for wounded veterans from Iraq and Afghanistan. In conjunction with this program, our Sail/Racing committees chaired by **Sterling Tallman** and **Tucker Strasser** treat these "wounded warriors" to a free BBQ dinner on the Aft Deck after the Friday night races. Other Outreach activities have included trips to the Catalina Science Center for at-risk kids and a Teacher Award Program, where members volunteered their boats to entertain teachers being honored for excellence in teaching.

Our Race/Sail Committee does much more, too. They have helped host several community events, including a Crew Tryout which introduced new racers to racing and race boats, the "North U Seminar" which was an all-day sail trim class and a US Sailing Judges Seminar. Member **Roberto Cordero** heads up the ASMBYC Buoy Committee which is responsible for keeping the racing buoys maintained for all clubs to use. Member **Earnie Barker** uses the **DRY-C** whenever needed to set the replacement buoys, as well. **Earnie** also goes out on the **DRY-C** to run races as a committee boat for any club that has lost their boat.

The Junior program, directed by **Virginia Howard**, contributes quite heavily to our Public Service Program. This is because traditionally the number of non-member children is 60% or more compared to member children in attendance.

The DRYC Auxiliary provides scholarships for 2 kids to attend our Junior's sailing program. Additional activities include knitting scarves for Operation Gratitude, cooking and serving monthly meals at the Ocean Park Community Center, collecting clothes for the homeless, collecting Toys for Tots and running the kids' program at the Catalina 4<sup>th</sup> of July affair.

Other contributions include donations to the Recreational Boaters of California (RBOC) as well as the Catalina Hyperbaric chamber and the USC Wrigley Institute. In addition, DRYC donates the use of rooms for periodic meetings for the Sheriff's Department, Beaches and Harbors, Santa Monica Bay Restoration Committee and regular weekly meetings for 2 US Coast Guard Flotillas.

We also have members like **Ella Zarky** who are responsible for overseeing the Auxiliary SOVA collections, and **Paula Bertik** who sees that donated cell phones are given to shelters to help battered women and who along with her husband, **Allen**, works tirelessly for the USO.

There is no doubt in my mind that I have omitted others who quietly work behind the scenes and of whom I am simply unaware. We as members of DRYC should be immensely proud of what our Club and its members give back to our community. We really are a great Club with a big heart. Keep it up, DRYC!

Photos by: Joan Godfrey, Andy Kopetsky, Vivian Callahan, Carl Lambert





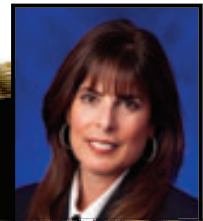
VICE COMMODORE  
PAUL ARTOF

I'm am at Catalina writing this and, thinking about a conversation that I had today with two of my friends from California Yacht Club. We were discussing our Cat Harbor facility and our cruise calendar. We were remarkably surprised with how full it is. I told them of our cruise calendar starting with Memorial Day. From there I counted the 4th of

July, Shoreline Long Beach, Got Guts Ladies Cruise to Cat Harbor, the Newport Cruise at Bahia Corinthian Yacht Club, the Emerald Bay Cruise and ending the season with the Commodore's Cruise. These are just the major cruises that we enjoy. There are others mainly offered with the SeaVenturers. You don't need a boat to enjoy many of these cruises. There are a growing number of "Drive down Cruisers". These are those members that choose to drive to a cruise and participate for the day or stay over in a hotel and participate in the entire event. There is something for everyone.

I have to admit the Ladies of Cat Harbor do know how to have fun. Right down to the Mimosa's in the middle of their death march to the lookout point at Cat Harbor. There was a remarkable mutual support amongst them. Some of the ladies had never been to our facility to see how terrific it is. The highlight of the cruise was the awarding of the Ladies Got Guts Trophy. Originally, this beautiful trophy was deeded to the club as the Stan Lieberman Ladies Got Guts race to the Isthmus Catalina. This was a race that placed a female at the helm in the first and last hour of the race. Years after its inception, women are now a significant force in the racing community. This race was eventually overshadowed by a plethora of ladies races. This trophy, now completely filled with winners plaques came to rest. It was re-deeded by **P/P Debbie Wasserman** and **V/P Susan Artof** to honor a woman contributing to yachting both in an active love for boating and support to the yacht club. Congratulations to **P/P Nancy Dubois**, the very first winner. After the cruise was over, **Susan** and I sat on the foredeck of our boat and watched a remarkable shower of meteors as a crystal clear star filled sky. What a conclusion!

Our racing program is coming to the end of the season. There are only a couple more races to go. **Tucker Strasser** and **Sterling Tallman** and their team conducted events that impacted all of our racers, and better yet, an enormous number of other yacht club members and those that are unaffiliated. All of these outsiders are candidates to join our Club. The events were well attended and conducted at the highest level. I thank the race committee on behalf of the yacht club for a job well done. Along the same lines, our racers participate in important races held away. Examples of those would be the Newport to Ensenada Race put on by an organization called NOSA, the Border Run (to Islands just south of the Mexican border) and Santa Barbara to King Harbor. Although we have many boats participating, this year I want to highlight the *Dutchess* crew for their second place finish coming in from Santa Barbara just before midnight. We have had other significant results on this and other races but this one came to light as **Ron Jacobs** showed me his very elegant trophy the day after the race a week before this writing. It will be located in our entry trophy cabinet. There were 7 DRYC boats on this race and 4 were trophy positions. Congratulations to the crews of *Green Dragon 2*, *Carmagnole*, *Transformer*, *Jungle Jim*, *By Design*, *Duchess* and *Traveler* for their successes.



REAR COMMODORE  
ILONA FELLOWS

Summertime is one of my favorite times of the year, as I see many fellow Del Rey Yacht Club members taking advantage of the beautiful weather. How fortunate we are to live here in Southern California where we are able to go boating year round. Just because summer is over,

continue to use your boats, and as **Bob Godfrey** always says, "get them out of their slips and use them". As we use them, you can be sure that back at the Yacht Club things are running smoothly, thanks to Lynne and her great staff of Archie and Lisa. Lynne's vast knowledge of the By-laws and how things run keep the Club running smoothly. Let's not forget Pedro and his staff. These hard-working people always come through with whatever the Club is in need of. Pedro always knows what needs to be done next without being asked. Last but not least, there is Annie, who along with every one of our DRYC employees, always delivers with a smile. I mention our wonderful staff because I have had the good fortune of being able to work with them. As Rear Commodore, they make my job so easy with all their knowledge of how the Club runs on a daily basis.

Now I would also like to welcome Bryan LaForte to Del Rey Yacht Club as the new Manager/Maitre 'D. He is very excited to be here and meet every one of our members. Please introduce yourself to him.

Due to numerous issues, we are revising our bike storage practices. We have been trying to make it easier for members to get access to their bikes and make sure they are there without incident. We sent out a letter last month. If you have a bike here at the Club, please review the letter. Thank you, **David Boutwell** and **Mickey Scheinbaum**, for working on this project.

Since **Walt** and I are lucky enough to be **Dennis** and **Joan Wilders** co-chairs for the Camp Del Rey Cruise at Emerald Bay, I would like to mention that it is not only a cruise for adults, it is a cruise for all ages with lots of fun camp activities. There are also cabins available for only \$35 for the three days for those of you without boats. If you stay in a cabin, we will help you find a member going over who can take you over and bring you back.

We are in the final stages of testing the new security system for the gates. Once we have completed testing, we will then code the devices and members will be notified to pick up their devices.

It is that time of the year again! Start thinking about if you would like to run for the Board of Directors to represent members like yourself and contribute your years of being part of the DRYC family in a different way.





**AUXILIARY PRESIDENT  
ARLENE CARABET**

During the next few months we will be giving thought to who will be our new Officers, Board Members and Committee Heads. The Auxiliary has grown and our leadership needs have increased, as well. Our commitments to DRYC take many hands, notably the

most important contribution being the management of our Ship's Store. The monies that we earn from this venture support the annual gifts that the Auxiliary makes, two scholarships to the Jr. Sailing program and the orchids you enjoy on the lobby table. We hope you will continue to support our efforts.

On July 21st, fifty of our excited members boarded the bus for the Pageant of the Masters in Laguna Beach. We were entertained on the bus with a surprise raffle and snacks. Everyone enjoyed the Sawdust Festival and all the very special art exhibits. **Norma Becker** and **P/P Wilma Rosenberg** made the arrangements for this special evening's dinner at the Tivoli Gardens. Good food, good company and we were right next door to the Pageant.

We are looking forward to our annual Fashion Show, Wednesday, September 19th. CHICO's will provide their wonderful Fall fashions and our Auxiliary members will be our very professional models. Please be sure to make your reservations early so that you will not be disappointed, as this event is always sold out. We all look forward to dressing up for this great day. Bent will be serving us a special lunch. This is a good time to entertain your friends.

**Peggy Redler**, our Jr. Sailing Scholarship chairwoman was very persistent in finding the two children that were awarded the summer sailing program scholarship at DRYC for 2012. A brother and sister, Verichele and Janice Vega, received this scholarship. They appreciated their entire summer experience...an experience that would not have been available by any other means.

We have also continued our commitment to provide dinner at the OPCC under the direction of **Arlene Mohilner**. This is a very rewarding experience. Talk to **Arlene** and take part.

September 12th will be our next Auxiliary meeting. A continental breakfast will be served at 10 A.M. The meeting will start promptly at 10:30 A.M.

Mid-August and all are out cruising, having some fun on the water. 10 boats filled with women of Del Rey Yacht Club turned into the Women of Cat Harbor for their first Women Got Guts Cruise sponsored by the DRYC Auxiliary. The all women crew of **Vivian Callahan** (with 4 other women), **Cristie George** (and her sister) and **Anita Van Duyn** and **Julie Reingold** (and son) along with **P/P Nancy Dubois** (aided by **Sterling Tallman** and two other women) skippered their boats around to Cat Harbor along with **Lynn Glick** (and her husband **Dir. Peter**), **Janet Bubar-Rich** (and her husband **Rich**), and **V/P Susan Artof** (and her husband **V/C Paul**). **P/P Debbie Wasserman** and her daughter Karen (and her grand daughter Raymie and husband **Harmon**), **Jamie Berger** (with husband **Paul**) and **Dir. Laurie Romanak** (and husband **John**) sailed to the Isthmus side of the island and walked over. These ladies had fun, along with guts, as they shared appetizers on Friday. Best tasting was **Paula Bertik's** stuffed artichokes; best theme was Anita's wonton sailboats, and best appearance was **Susan Artof's** Gertrude pineapple, while the boobie prize went to **P/P Debbie Wasserman**. Later on Saturday morning they hiked around the island, drank mimosas overlooking the vast Pacific, ate a pancake breakfast cooked by the men on the cruise, learned how to tie knots from **Dir. Peter Glick**, and ate dinner cooked by the members of the cruise. Then there were the skits .... Yes, the skits... and enough said. Just ask about the "Cat's coming back the very next day." There were some first-time islanders like **Muri Blake** and some old timers like

**Jamie Berger**, **Marlene Gurse**y and **P/P Nancy Dubois**. But what made the party really special was the presentation of the re-deeded Women Got Guts trophy to **P/P Nancy Dubois** for her courage, passion and love for boating over so many years. This trophy, which was first awarded in 1964 by Stan Leiberman to encourage women in racing, now sits in the open living area and will honor all women boaters. Many thanks to my co-chair, **P/P Debbie Wasserman**, and my entire team of Cat Harbor ladies who schlepped food, organized the kitchen, brought entertainment and made this a cruise to remember for so many.

Susan Artof  
Auxiliary Vice President and Cruise Chair

#### Auxiliary Officers

President	Arlene Carabet
1st Vice President	Susan Artof
2nd Vice President	Dotte Antelman
Treasurer	Joan Wilder
Recording Secretary	Paula Bertik
Corresponding Secretary	Beverly Pessell
Parliamentarian	Wilma Rosenberg

#### Board of Directors

Norma Bubar	Arlene Garbus
Marcia Edmond	Alice Impliazzo
Carol Franklin	Valerie Katz
Gail Friedman	

## SEAVENTURERS

A number of our members got in some quality boating time harbor hopping to San Diego and then joining the Newport Cruise, visiting Avalon before linking up with the Club at Cat Harbor. Can't believe how much we enjoyed the Commodore's Cruise... what a great time! Thank you, Commodore! The next Seaventurer's meeting will be September 18. We hope to see everyone there with a "Show and Tell", plus some very interesting tales of their summer voyages to exotic and fun places. This Fall will be one of the best times to cruise; the weather is normally conducive to both sailing and motor boating and the islands are less crowded. If you did not use your yacht enough during the summer, now is your chance to break away and get away.

### FUEL- SAVING TIPS;

- Slow down to hull speed (7-9kts) and cut fuel burn up to 50%
- Watch your wake, do not dig a hole. Trim your boat to near level.
- Keep bottom and running gear clean of barnacles and grass.
- Do not run with full fuel, water, bait and holding tanks to reduce weight.
- Reduce more weight by removing unnecessary stuff from boat.
- Have your props checked for dings and correct pitch to max the RPM's.
- Travel with the wind and current at your back, if possible.
- Keep engines tuned, change oil and clean your air filters.
- Use the NAV function on your GPS/Auto pilot to steer a straighter course.

Bob Godfrey and Sheldon Ferdman, Co-Chairs

DRYC Auxiliary Presents:

## Annual Fashion Show and Luncheon

Wednesday Sept. 19 12:00pm  
\$35.00 Inclusive Per Person

Reservations and  
Meal Selections by  
Sunday,  
September 9  
No cancellations  
after September 9

Chairs:

P/P Estelle Ferdman &  
P/P Amanda Berris



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310 821.4763 fax  
[Robert.McLatcher@genworth.com](mailto:Robert.McLatcher@genworth.com)



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## NEWS FROM THE OFFICE

By: Lynne Silverstein, Manager

I'm just amazed that it's already fall, the kids are back at school and we're wrapping up our summer schedule. But there's still more to come...

September ushers in a whole host of activities. As I write this article, members are busily prepping for our upcoming cruises: Newport, Commodore's and Camp Del Rey. It's a challenging and yet fun job to take on a Club Cruise. Making sure all the members have fun is the priority, but there are so many little things (and big things) in which a Cruise Chair must think about and plan for. But, you get to work with all the great people in the Front Office and Maintenance – just another reason to take on this important position. Food for thought for next year! Also this month, we plan for the General Membership Meeting on the 12th, where the Club begins its three month journey for Board Director and Officer Elections. If you have any questions about these annual proceedings, please see the Election Process info on page 17 or come talk to me or any Club Officer.

For those of you who celebrate the Rosh Hashanah and Yom Kippur high holy days, please let me wish you a happy new year and quick and safe fast. The Club will host its annual Rosh Hashanah dinner, so please look for the flyer on this and make your reservations soon!

Be forewarned that there may be traffic delays on Admiralty Way in the fall as crews resurface the street and sidewalks. Repairs are scheduled to begin Sept. 4<sup>th</sup> and last about ten weeks, closing two lanes at a time on Admiralty Way from Via Regatta to about 800 feet east of Palawan Way, approximately where Killer Shrimp is located. For the first four weeks of the project, the two westbound lanes will be closed, forcing motorists to merge onto one oncoming lane, and vice versa for the following four weeks. Road closure will be 24-hours a day except for the last two weeks, when workers will be restoring the median and impacting drivers from about 8:30 AM to 6:30 PM. No left hand turns will be allowed along the route, but westbound drivers will be allowed to u-turn at Palawan Way to access the businesses on the south side of Admiralty Way.

Here are some reminders, suggestions and tips...

- **Parties** – Don't be the last one to the party! Make sure to reserve your event room early for the upcoming holidays... before they're all gone!
- **By-Laws, House Rules and Slip & Dock Rules** – I often receive calls about Club policy, rules and procedures, so I wanted to remind you that every member has, or should have, a copy of the Club's By-Laws, House Rules and Slip & Dock Rules along with their Roster. If you do not have a copy of these, please stop by the Front Office to get your copy – and stay informed! And for you members online, there are copies on the Member's Only section of the website.
- **Aft Deck Snack Bar** – Remember the Snack Bar goes back to its fall schedule after Labor Day, open Saturday-Sunday only from 11:30 AM to 3:00 PM.

As always, feel free to email me at [officemanager@dryc.org](mailto:officemanager@dryc.org) with any suggestions or comments! Please continue to look to my weekly "Event Reminder" emails to keep up with all the current Club events and news, as well as local news and events that affect YOU.

34th Annual  
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 [lidoyachtexpo.com](http://lidoyachtexpo.com)

## COMMUNITY OUTREACH

This was one of the largest trips ever, 40 happy kids from a housing project in the Watts-Willowbrook community. The DRYC mentors were, left to right: Ron Hasson, Richard Somers and Hunter Cain.

Richard Somers



Watts-Willowbrook Children aboard *Betty-O*

## SAIL COMMITTEE

On Saturday, June 23rd, Del Rey Yacht Club ran the 37th annual One More Time Regatta for wooden hulled Sailboats. The event was co-sponsored by the Wooden Hull Yacht Club and Pacific Mariners' Yacht Club. This is the only wooden hulled boat race regularly held in Santa Monica Bay.

The sun came out after days of gloom and the wind Gods showed up in the form of Southwesterlies from 11 to 17 knots with three to six foot seas. The conditions were picture-perfect for these vessels and the race was over before four o'clock.

Fourteen boats showed up for this race ranging from 34 foot *Rogues' March*, a 1985 Herreshoff Cutter to *Rose of Sharon*, a 59 foot schooner built in 1930, and *Bequia*, a 41 foot custom cutter originally built for singer Bob Dylan.

*Bequia* was the overall winner, having rounded the 13.5 NM course in two hours twenty two minutes and change. She was followed by *Destiny*, Jim Cash's 39 foot 1938 Atkins Yawl. The red hulled beauty had just undergone a complete restoration and did very well, losing to *Bequia* by an adjusted time of eleven seconds.

*Patience*, a 36 foot Herreshoff Ketch, sailed by Dennis Jensch assisted by 86 year old owner Denton Porter took third overall. *Patience* won the event in 2007 and 2008.

*La Volpe* and skipper Tim O'Brien took forth overall and first in schooner class, beating *Rose of Sharon* by thirty-three seconds. The 1924 schooner was at the guest dock and provided a dazzling example of wooden boat restoration.

*Pacifica*, the 51 foot Sparkman and Stephens Yawl and skipper Doug Jones finished sixth. *Pacifica* was originally built in 1947.

The conditions favored cruising designs with split-rigged boats and cutters taking the first eight finishes.

There was a Friday night Sundown-style BBQ and trophy presentation after the race and this was thoroughly enjoyed by all the participants.

There was a special presentation to **Commodore Jim Gould** - a picture signed by all the skippers who participated.

Many thanks go out to **Judy Gavin, Earnie Barker, Rich Cincinelli, and Janet Bubar-Rich** for performing race committee chores on a pitching, rolling platform, and helping with food service afterward; **Sterling Tallman** ran a faultless BBQ; **Vivian Callahan** for photos and tending the beer and wine bar; **Joe Goodman** and Marla Brown for taking tickets for food and drinks; and Alice Weston for setting up and tending bar and food service.

Bent Thomsen and the food and beverage staff did a fantastic job despite last minute requests-thank you.

Thanks to Lynne, Lisa, Archie and Max at the front office for coordinating slips, sailing instructions, setting up the patio and other logistical items too numerous to list.

This is the second race of the California Classic Yacht Series and as such we can expect the fleet size to grow. Del Rey Yacht Club and its members once again have risen to the task.

Thank you all.

Tucker Strasser, Chair, Andy Kopetzky, Event Chair



*Patience* at Start



*Bequia*—Overall Winner



*La Volpe*—First in Schooner Class



*Destiny* at Finish



*Pacifica*



*Rose of Sharon*



U.S. Coast Guard Auxiliary boating courses provide instruction to boaters at all levels, from the fundamental to the advanced. Our classes are taught by experienced and knowledgeable instructors committed to the highest standards of the U.S. Coast Guard. For further information about upcoming courses near you, please visit USCG Auxiliary on-line and go to **Public Education Zip Code Course Finder!** Many of these courses are presented at Del Rey Yacht Club on Tuesday and Thursday nights starting this September.

Abbreviation	Course	Length	Audience
ABS	About Boating Safely	8 hours	All boaters
SS&S	Sailing Skills & Seamanship	8 to 13 lessons	Sailors
WN	Weekend Navigator	8 to 13 lessons	All boaters
BS&S	Boating Skills and Seamanship	8 to 13 lessons	Power Boaters
GPSFM	Navigating with GPS	3 hours	All boaters
HRNC	How To Read a Nautical Chart	3 hours	All boaters
SIC	Suddenly In Command	4 hours	All boaters
PSA	Paddlesports America	4 hours	All boaters
PWC	Personal Watercraft Course	1 hours	All boaters

Take a Coast Guard Auxiliary class, and then join us as an active Auxiliarist.

Sterling Tallman  
 Past Division 12 Commander  
 USCG District 11, Southern Region

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*A Meal with Neil*  
*A Tribute To Neil Diamond*  
*by Cover Artist Jason Clay*  
**Saturday, Sept. 22**

*\$35 All Inclusive*

*\$45 after Sept. 8th*

*Dinner 6:30 pm*

*Show 8:00 pm*

*\*\*\* Last day to cancel without a charge is Saturday, Sept. 15 \*\*\**



*Members and guests welcome!*

*A Hospitality Event*

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Happy New Year

L'Shana Tova from...  
Del Rey Yacht Club

Sunday, September 16, 2012  
 6:00 to 9:00 PM  
**Rosh Hashanah Dinner**  
 Challah  
 Honey & Apples

Mixed Greens Salad with roasted pears, candied walnuts & house balsamic vinaigrette  
 Braised Brisket served with Potato Latkes & Vegetables  
 Carrot Cake with sweet honey & apple glaze  
 \$24.95++

Make Your Reservations Now!

## September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Commodore's Cruise
2 Commodore's Cruise	3 LABOR DAY Snack Bar Open til 5:00PM	4	5 Book Clubs 6:30PM Pilates	6	7 8PM Movie Night	8 10AM Pilates
9 4PM Hospitality Mtg	10 Monday Night Football	11	12 Auxiliary Meeting Gen. Membership Mtg Elect Nominating Com	13	14 Sundown Series & BBQ Game Night	15 10AM Pilates
16 3PM Angler's Planning Mtg Rosh Hashanah Dinner	17 Monday Night Football	18 SeaVenturers Mtg	19 Auxiliary Fashion Show BOD Mtg Elect Nominating Com 6:30PM Pilates	20	21 8PM Michael Cladis	22 Open House 10AM Plates ASMBYC Regatta Tribute to Neil
23 Open House ASMBYC Regatta	24 Monday Night Football	25 YOM KIPPUR	26 YOM KIPPUR No Dinner Service in MDR — Bar Only; Snack Bar for Lunch Only	27	28 Camp Del Rey Cruise	29 Camp Del Rey Cruise 10AM Plates
30 Camp Del Rey Cruise						



# October 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Book Clubs 6:30PM Pilates	4	5 8PM Movie Night	6 10AM Pilate
7 Dock Captain's Mtg Education Class TBD Hospitality Meeting	8 Monday Night Football	9	10 Auxiliary Mtg 6:30PM Pilates	11	12 Fun Free Friday	13 10AM Pilates
14 Education Class TBD	15 Monday Night Football	16 SeaVenturers Mtg	17 B.O.D. Meeting 6:30PM Pilates	18	19 Cruise to King Harbor	20 Cruise to King Harbor
21 Cruise to King Harbor	22 Monday Night Football	23	24 6:30PM Pilates	25	26 Hospitality Event	27 10AM Pilates Halloween Party
28 Kid's Halloween Party	29 Monday Night Football	30	31 HALLOWEEN 6:30PM Pilates			

SAVE THE

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E



NOVEMBER



2 Movie Night	17 Pilates Special BOD Mtg Election of Officers
3 Commodore's Awards Dinner Pilates	18 Auxiliary Tea Intra Club Drumstick Race
4 Hospitality Meeting	19 Monday Night Football
5 Monday Night Football	20 SeaVentures
7 Book Clubs Pilates	21 B.O.D Meeting Pilates
9 Fun Free Friday	22 Thanksgiving Buffet
10 Pilates Wine Tasting Dinner	23 Monday Night Football
12 VETERAN'S DAY Monday Night Football	24 Pilates
14 General Membership Mtg Election BOD	26 Monday Night Football
	28 Pilates
	30 Roberto Cordero Jazz Quintet



## HOSPITALITY COMMITTEE

While the cruising members were having a grand ole time in Dog Patch, USA (aka the Commodore's Cruise at Schultz's Landing), the rest of the Club was enjoying a relaxing and quiet Labor Day weekend at the clubhouse.

**Brian** and I enjoyed seeing a good crowd for the movie night presentation of *Salmon Fishing in The Yemen*. A big thanks to **Vivian Callahan**, who sponsored the movie. This month **Joel Lipscher** will host *The Help* on Friday, September 7th. On Friday, October 5th we will present *Waterproof* starring April Grace, the wife of Danny Russell, one of our bartenders extraordinaire, and Burt Reynolds. April and Director Barry Berman will join us for a Q&A after the movie.

Please come join us to kick off Monday Night Football beginning Monday, September 10th at 5:30 PM. BBQ burgers, chicken or grill of the day is provided with salad and all the fixings at a nominal cost and the bar is open for your enjoyment. You can also try your luck on the weekly football pools.

Do something fun and different on Friday nights; bring in a board game and some friends to Andrew's Place. Game Night is Friday, September 14th. Everybody is invited. Monopoly anyone?

Michael Cladis and his good friend Willie will be back to entertain you on Friday, September 21st; the theme for the evening will be announced. Please let us know if you are aware of a special film or presentation you would like to sponsor. We are always looking for something new to share.

If you haven't already done so, please purchase your tickets for a magical evening as British-born entertainer, Jason Clay, sings the night away in a tribute to the legendary Neil Diamond, brother of our very own **Harvey Diamond**. Jason is naturally gifted with a voice so similar to Neil's that when you close your eyes, you'll swear Neil himself is in the room. Tickets for the dinner and show are \$35.00 per person all inclusive and \$45.00 per person after September 8th. No refunds after September 15th. Please see flyer for menu and details. Member guests are welcome.

Save the date for this year's Halloween Haunt as Hospitality presents "Monster Masquerade" on Saturday, October 27th. It will be an evening full of ghoulish delights, creepy creatures and devilish dancing until the bewitching hour. **Muri Blake** and **Donna Johnson** will be your ghost hosts for the evening.

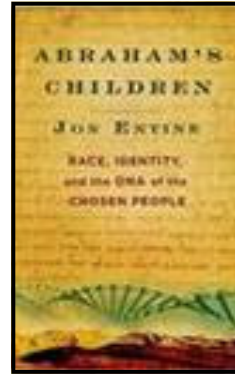
Our next Hospitality Meeting is Sunday, September 9th at 4:00 PM. Please come to see what's in store for the Fall and get involved in pre-planning next year's calendar. We'd love for you to join us.

Brian & Donna Johnson, Co-Chairs



## MEN'S BOOK CLUB

The book under discussion this month was *ABRAHAM'S CHILDREN, RACE, IDENTITY AND THE DNA OF THE CHOSEN PEOPLE*, by Jon Entine, which set forth new information based on DNA evidence by which many who identified themselves as Jews could trace their ancestry back to ancient times.



Various DNA markers can now identify not only diseases which have been passed down through family blood lines, but also markers for various tribal affiliations, such as if a person were a member of the priest class of ancient Israel, a Cohen for example. DNA proved the closeness

of Jews to the Italians and other peoples of the Mediterranean, since Jews once made up ten percent of the Roman Empire. The author also delved into whether various people who identify themselves as Jews are actually descendants of the ancient Israelites, such as the falasha of Ethiopia, who actually have no DNA markers that would prove this contention. Most interesting were individuals in the American Southwest who discovered that they had Jewish ancestry, which had been concealed for centuries because of the Spanish Inquisition.

The book was difficult going for many members because of the technical nature of some of the writing, while others enjoyed the read. An argument was made that instead of human ancestry being grouped into three races, Caucasian, African and Asian, that we look at it from the point of view of a person's extended family going back in time with all the admixtures from various effects such as inter-marriage, warfare, migrations, etc, this being especially true for the Ashkenazi population of Eastern Europe which has both DNA stemming from ancient Israel mixed with those of the Khazars and many other peoples.

Countering this was the argument that it was culture more than ancestry that determines a person's identity. Who you are depends less on your DNA, than specific environmental factors such as self-identification and group allegiance. The question was asked: with inter-marriage so prevalent in the Jewish community, with what means will we identify Jews of the future?

Our next read is *A CONSPIRACY OF PAPER*, by David Liss, an Edgar winning novel, involving a rakish Jewish boxer in the 18th century who must solve an important mystery.



Written by Ron Cutler, Mel Small, Chair



# ANGLER'S COMMITTEE

The winner of our Annual DRYC Calico Inter Club Tournament is **Hunter Cain** with a huge 7 LB 15 OZ Calico Bass caught on **John Romanak's Bait & Switch**. His win kept the annual perpetual trophy home at our Club. We had seven boats with 31 anglers competing in the event. See pictures below. Thank you to **Mickey Scheinbaum** for Co-chairing this event and doing a spectacular job in the preparation. Thank you **Tom Mulally** for setting up our refreshments and to all the Anglers who participated in the competition and camaraderie.

**David Fine, Carl Lambert and Mickey Scheinbaum** just got back from a great 3 day fishing trip in Sitka, Alaska where they had an excellent catch of...48 Coho, 8 Rock Bass, 3 Halibut, 5 Lings, 3 Kings and 1 Yellow Eye. The BBQ and Smoker are fired up at their homes to enjoy some tasty fish.

**Ray Sponsler** did some fishing also this month in Sitka catching a mixed bag of species to include a nice 30 LB King Salmon. Way to go Ray!!

**Mario Paz** has his boat *Pez Finder* in Ensenada, MX where he has been doing some fishing and catching of Yellowtail & Dorado. Nice fish, Mario, and thanks for sending them into US Waters. A friend reports he just caught 7 Dorado on a kelp patty half way between MDR and Santa Barbara Island.

**Marlin Tournament Dates:**

King Harbor Marlin Club at Avalon on September 7-8, Chairperson Ron Smothers

Catalina Island Yacht Club on September 7-8, Chairperson Tom Mulally

Zane Grey at Avalon on September 9-11

California Yacht Club Challenge is Sunday, September 23rd... Let's keep the Perpetual Trophy at Del Rey Yacht Club by putting our teams together to compete against the other MDR Yacht Clubs.

Next Angler's Planning Meeting is Sunday, September 16th at 3:00 PM.

Turn in your Catch! DRYC Weigh-Slips are available at the Angler's Bulletin and on our website at [www.dryc.org](http://www.dryc.org).

Tight lines to all.

Vic Jedlicka, Chair



David Fine  
80 # Pacific Halibut



Ray Sponsler 30 # King Salmon



Hunter Cain  
7 pd 15 oz Calico Bass



Carl Lambert  
35 Pound  
Ling Cod



Mario Paz  
30 # Yellowtail



# From the Galley

By: Bryan LaForte



Summer is coming to an end and there is no better time than now to enjoy food and drinks at Del Rey Yacht Club. Starting this month, our lunch buffet will be returning on Wednesdays from 12 Noon to 2:00 PM in the main dining room. There will be a lot of changes to this already popular club staple from last year, and it is sure to

impress. Football season is about to start, so remember to join us at Andrew's Place for all of the action. Every Sunday we will feature a drink special to go along with all of the action on the big screen. We will also open the bar on Monday nights for Monday Night Football games. Please note that we will not be open for regular dining on Mondays. Please join us for Thirsty Thursdays where we are open in the bar from 5:00 PM until 9:00 PM. Please note also that the Snack Bar will only be open on the weekends after Labor Day.

This month in the bar, our bartender extraordinaires, Kyle and Danny, will be mixing a new drink. The Smoker – Greygoose & Lagavulin garnished with olives and onions. A sophisticated man's martini! Stop by and try one and let us know how it is.

Be sure to make reservations for our Annual Rosh Hashanah dinner on Sunday the 16th. We will be serving from 6-9:00 PM. Look for the flyer in this issue on page 10 for more details and call the Front Office to book your table!

Please note that during the Auxiliary Fashion Show on Wednesday the 19th, the Snack Bar will be open for those not in attendance at the Fashion Show in the main dining room. Also, for the Yom Kippur holiday ending Wednesday the 26th, the Snack Bar will be open for lunch that day, and dinner will be available in the bar. The main dining room will be closed that day. We'll feature a few additional entrees for dinner in the bar.

Starting in September, our nightly specials will be available for order in the bar. However, the Prix Fixe items will only be available in the main dining room.

After being here for a month already, I want to thank everyone who has gone out of their way to introduce themselves to me. It has been quite overwhelming to meet so many people, but I look forward to meeting everyone else in the near future. Also, if you would like to talk about having a party or an event at the Club, feel free to email or call anytime to set up a meeting to discuss your options. With the holidays right around the corner, you'll want to book a room soon. You can email me at [blaforte@dryc.org](mailto:blaforte@dryc.org) or [finedining@dryc.org](mailto:finedining@dryc.org). My extension at the Club is ext.124.

Happy Labor Day to all!

Save the Date...

Get a "Super Meal" including a choice of burger, dog, chicken or the "grill of the day" with salad and all the fixings. Bar will be open.

**MONDAY NIGHT FOOTBALL**

KICK-OFF EVERY MONDAY AT 5:30 PM

Starting September

ALL ARE WELCOME! BRING YOUR FRIENDS & FAMILY. JOIN IN THE FOOTBALL ROOM, TOO!

HOSPITALITY COMMITTEE

**GENERAL**

**MEMBERSHIP MEETING**

**WED., SEPT. 12TH**

**AT 6:30 P.M. IN THE MAIN DINING ROOM**

**Election of Nominating Committee**

# FLEET SURGEON

The first tenet of yachting is to keep the water outside of the boat. I thought about this the other day as I was standing in front of a urinal in one of our newly redecorated restrooms. Seemed like a natural segue to talk about urine.

Urine is a wonderful product of the body. It removes excess water and the wastes that are filtered out of the blood by the kidneys. On our boats we are always checking the status of things by how they look, how much or less something is, how it smells, how it feels and so on. We can do the same with our urine.


First, let's talk color. The color of urine runs the gamut from clear pale yellow to deep amber. The color comes from a natural pigment in the urine called urochrome. (How creative!) The more dilute the urine, the lighter the color. The more concentrated the urine, the darker the color. You've probably heard the recommendation to drink 6-8 glasses of water a day. I have a hard time remembering what I've had for breakfast, so it's an impossible task to keep a running tally on glasses of water. This is made all the more confusing by challenging yourself with such questions as, "Does a can of Coke or a cup of coffee count as a glass of water?" "What about a bowl of soup?" I've given up on counting and gone over to the method of drinking enough fluid so that my urine remains almost clear or slightly pale yellow. This is so much easier. Remember that caffeine and alcohol are diuretics. They will make you urinate more and potentially cause you to become somewhat dehydrated. In these cases you need to take in more fluids just as you would when it's hot (Sweating causes loss of water.) or at high altitude. (Lower atmospheric pressure causes water molecules to escape more easily through the skin.)

The color can also be outside of the yellow to amber spectrum. Blood can turn urine shades of red and always raises the suspicion of kidney or bladder cancer. One morning, years ago, I saw pink in the toilet bowl. I immediately cancelled my appointments for the day, demanded an emergency visit to an urologist, and almost killed myself and others driving madly to his office. I filled the sample cup with pink liquid and awaited the recommendation to get my affairs in order. The doctor came into the room and said there was no blood. He then asked me if I had beets for dinner. I never eat beets, but did indeed have some the night before. His next question was, "Excuse me, but what type of doctor are you?" (I must have been sick that day in medical school). Actually, there are many things that can change the color of urine. Strenuous exercise can cause small amounts of blood to be excreted into the urine. (I tried to use this as an excuse with Jessica to get out of going to the gym. Her reply was, "Show me some blood and then we'll talk!"). When pain accompanies the pink color, it could be an infection or kidney stones. Foods such as beets, berries, fava beans and rhubarb can give urine a red hue. Medications such as pyridium (used for urinary tract infections) and laxatives containing senna go to the orange. Dyes in medications, vitamins and supplements create colors across the rainbow. All of these present no risk or need for concern and the urine should return to its usual color within a day of stopping the culprit. If the color persists, especially if accompanied by discomfort, pain or unusual odors, consult your physician.

So from now on, check your oil, check your filters and check your urine - it's ok to look!

Peter B. Hirsch, M.D., Fleet Surgeon

## In Memoriam



P/P Lynnette Briskin  
Honorary S/C Wives  
#182

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## Last Race of the Series!

Del Rey Yacht Club  
Sundown Series Race #5  
Friday, September 14  
6:00pm Start

We encourage everyone to join this five series race:  
Adults, college students and Juniors...  
From cruisers to racers to sport boats to paddle  
boarders and dinghies!

Classes of boats with  
\$5 entry fee:  
Racing, Cruising/ Novice,  
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entry go to [www.dryc.org](http://www.dryc.org)

Race Event Chair Tucker Strasser  
[rtawood@verizon.net](mailto:rtawood@verizon.net)

## September Movie Night

Friday, September 7 @ 8:00pm

Change begins with a whisper.



Bar  
Menu &  
Drink  
Specials

Dessert  
Provided

Set in Mississippi during the 1960s, a southern society girl returns from college and is determined to become a writer, but turns her friends' lives -- and a Mississippi town -- upside down when she decides to interview the black women who have spent their lives taking care of prominent southern families. Along the way, unlikely friendships are forged and a new sisterhood emerges, but not before everyone in town has a thing or two to say themselves when they become unwittingly -- and unwillingly -- caught up in the changing times.

Hosted by Joel Lipscher

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## Election Process for 2012 Directors and Officers

Members wishing to serve on the Nominating and Election Committee should arrange to be nominated at the September 12<sup>th</sup> General Membership Meeting. Members wishing to serve on the Nominating Committee or Board of Directors should follow the information below and have a full understanding of the By-Laws (Sections 501-505).

**Wednesday, Sept. 12**, 6:30 PM - General Membership Meeting:  
Election of Nominating and Election Committee from Flag membership (4 members and 2 alternates).

**Wednesday, Sept. 19**, 6:30 PM - Board of Directors Meeting:  
Election of Nominating and Election Committee from Board members (3 members and 1 alternate).

**Thursday, Sept. 20** by 5:00 PM – Candidate Resume and Bio  
A written letter of intent and bio for those wishing to run for the board are due. Please turn this in to the Nominating Committee or Lynne in the Front Office.

**Saturday, Sept. 22**, 9:00 AM - Nominating Committee Meets:  
Interviews and selection of a slate of 11 candidates to run for Board of Directors to fill 8 positions. Photographs will be taken of prospective candidates for the Signal.

**Sunday, Sept. 23 – Wednesday, October 13** - Nomination by Petition submitted to Secretary:  
The petition needs to be signed by at least 30, but not more than 35 Flag certificate holders in good standing. The completed petition needs to be turned in to the Secretary no later than October 13th.

**Saturday, Oct. 13** - Director's Bios Due to Signal:  
Submit bios to Secretary of *not more than 150 words*.

**Wednesday, Oct. 24**, 7:30 PM - Meet the Candidates Night

**Thursday, Oct. 25 – Wednesday, Nov. 14** - Absentee Ballots Available:  
Absentee ballots must be turned in by November 14th *before 5:00 PM*. No exceptions.

**Wednesday, Nov. 14**, 6:30 PM - General Membership Meeting:  
Election of Directors by Membership.

**Saturday, Nov. 17**, 10:30 AM – Special Board Meeting:  
Election of Officers by Board of Directors.

**Saturday, Dec. 1**, 6:30 PM - Installation of Officers and Directors Dinner



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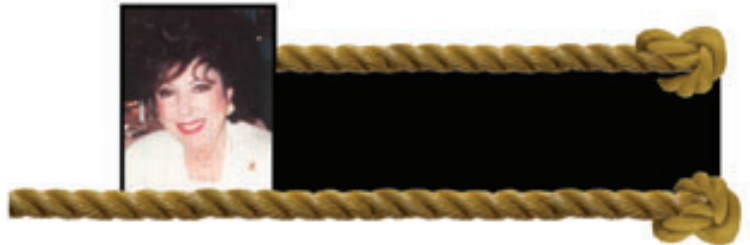
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Autumn is officially here. "The leaves of brown came tumbling down" somewhere, but not in our vicinity. However, our social season makes up for our lack of crisp clear air, so check off your calendars and dust off your party clothes because festive luncheons and dinners are in the near future...

**Ella Zarky's** latest good deed was a fund raising bike ride to help find a cure for Multiple Sclerosis. We salute you, **Ella**...

Did you know that September 9th is *National Teddy Bear Day*? Well it is...

On Thursday evening, July 26, **Richard Schachter** enjoyed a fabulous dinner at the Dana Point Yacht Club at the invitation of S/C Ron Malonsky and his wife, Jan. Ron had absolute praise for DRYC calling us the best of the best from his experiences visiting our club on Opening Day and other events. That's always nice to hear...

"To love oneself is the beginning of a lifelong romance..."

**REDONDO BEACH KING HARBOR**  
**Cruise to King Harbor**  
**October 20 & 21**

**Cruise, or drive, to King Harbor for a fun - filled weekend. Sign - up now. Limited boat space available.**

**More information to follow next month!**

**Save The Date!**

**Cruise Chairs Paula & Allan Bertik**



**SMB SAILING FOUNDATION**



Congratulations to Virginia Howard, Scott DeCurtis and all of those who contributed to a very successful summer sailing season. Thanks go out to DRYC members, friends in the sailing community and the DRYC Auxiliary. Your generosity made it possible for SMBSF to support the Sailing program and individual sailors in a big way:

Sponsorship of the pre-season 2 Day Opti Clinic held at DRYC.

Full sponsorship for Juniors who qualified for the prestigious CISA clinics.

Enrollment fees for US Sailing Level One training for DRYC coaches.

Ten paid in full scholarships for the DRYC Junior Program.

Charter fees for three DRYC Junior program sailors.

Competition grants for the four teams of Juniors who traveled to Minnesota to compete in the Ida Lewis double-handed championships. The 8 girls were placed well up in the field and learned lots about lake sailing.

Upcoming grants for the U.S. Sailing single champs, Cork International and US Youth Champs. Congrats to the young women who have qualified for these and other prestigious events.

Thanks for your donations to the foundation that always pays it forward with immediate benefits to DRYC Junior Sailing. Your tax deductible contributions of goods and cash are welcome throughout the year.

Barbara Patman, President

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Proceeds provide scholarships to local Junior Sailing Programs  
And support Youth Sailing Activities

www.smbsf.org • 310-387-0747  
info@smbsf.org

**October Movie Night**  
**Friday, October 5 @ 8:00pm**

**Bar Menu & Drink Specials**

**Dessert Provided**

**BURT REYNOLDS**  
**WATERPROOF**  
*and April Grace*

Burt Reynolds plays an aging Jewish owner of a little grocery store; he is the only foreigner on the street and lives in an African-American neighborhood. Tough and intrepid, he won't sell out his little store, and he won't give things up...

**April Grace (Co-Star) will be in attendance for a Q/A after the movie**  
 Hosted by Sheila Krasnoff

**3rd Annual Camp Del Rey  
 At Emerald Bay**  
**Friday Sept. 28 - Sunday Sept. 30**  
 (Thursday Arrival Optional)

**Come be a camper again at the Boy Scout Camp at Emerald Bay**

- Arts & Crafts
- Archery
- Riflery
- Hiking
- Campfire
- Canoe Races

**Camper Cabins Available!**  
 Need a ride over? Contact the Cruise Chairs

**\$95/Adults     \$79/Kids (under 12 years)**

Reservations required by Sunday, Sept. 14.  
 No cancellations after Sunday, Sept. 21.  
 Registration available on-line or at the Front Office.  
 Cruise Chairs: Dennis & Joan Wilder  
 Asst. Cruise Chairs Walt & Ilona Fellows





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